



Shrewsbury
International School

INDIA



20th April, Monday

BREAKFAST- 7:00 AM-8:00 AM

Hot And Cold Milk | Lactose Milk

Milk

Horlicks | Hot Cocoa

Milk Accomplishments

Snacks

Main Course (Veg)

Masala Dosa With Sambhar | Chutney

Main Course (Egg)

Spanish Omelette

Breads

Whole Wheat Bread | White Bread

Breads Accomplishments

Butter | Jam | Peanut Butter

Choice of Cereals

Choco Flakes | Corn Flakes

Pancakes

Banana Pancakes

Juices

Baked Beans



LUNCH- 1:00 PM-2:00 PM

Salad Bar

Japanese Crunchy Cucumber | Mexican Street Corn Salad



Salad Dressings

Honey Lemon Vinaigrette | Garlic Yogurt

Main Course (Veg)

Anjeer Kofta | Aloo Parval Masala | Suffed Zucchini

20th April, Monday

LUNCH- 1:00 PM-2:00 PM



Main Course (Non-Veg)

Chicken Lollipop

Dal and Rice

Dal Makhani | Steamed Rice

Indian Breads



Missi Roti | Phulka | Butter Naan

Yogurt

Plain Yogurt



SNACKS

Morning Snack

(10:35 AM) B+C Block

Tea | Cofee | Sunrise Orange | Donut

Evening Snacks



(3.00 To 3:30PM) Both Hostel

Nimbu Paani | Whole Fruits

Evening Snack 2nd

(5.00 to 5:30 PM) Both Hostel



Cinnamon Milk | Corn Fritter

20th April, Monday

DINNER- 8:00 PM-8.45 PM

Soup Of The Day



Chef Choice Drink

Soup Accomplishments

Classic Caprese Salad | Onion Mint Mayo



Salad Bar

Dizon Mustard

Salad Dressings - I



Cilantro Lime Dressing

Salad Dressings - II

Mixed Beans And Roast Tomato

Main Course (Veg)

Jack Fruit Curry | Carrot Beans Sabji Dry



Main Course (Non Veg)

Chicken Curry Home Style

Dal and Rice

Dal E Awadhi | Steam Rice

Indian Breads

Ajwain Paratha | Phulka

21st April, Tuesday

BREAKFAST- 7:00 AM-8:00 AM

Hot And Cold Milk | Lactose Milk
Milk



Bournvita | Horlicks

Milk Accomplishments

Chana Dal Wada With Garlic Tomato Chutney

Main Course (Veg)

Aloo Pyaz Paratha With Yogurt

Main Course (Egg)



Egg Akuri

Breads



Multigrain Bread | White Bread

Breads Accomplishments

Butter | Jam | Peanut Butter

Choice of Cereals



Muesli With Dry Fruits | Ragi Choco Flakes

Pancakes



Masala Oats | Hash Brown Potato

Juices



Fresh Vegetable Juice | Fresh Live Juice

LUNCH- 1:00 PM-2:00 PM

Salad Bar



Tomato Caprese Salad | Green Salad | Mirchi Tapore



Salad Dressings



Cilantro Lime Dressing

Main Course (Veg)

Gobhi Tamatar Sabji | Banarsi Dum Aloo |

Cheesy Stuffed Zucchini

21st April, Tuesday

LUNCH- 1:00 PM-2:00 PM



Main Course (Non-Veg)

Grilled Fish With Garlic Herb
Butter Sauce

Dal and Rice

Dal Panchratan | Jeera Rice 

Indian Breads

Phulka | Butter Lachha Paratha

Yogurt

Flavoured Curd



SNACKS

Morning Snack

(10:35 AM) B+C Block

Tea / Coffee | Cucumber Mint Sparkle | Falafel Roll

Evening Snacks 

(3.00 To 3:30 PM) Both Hostel

Lychee Cooler | Whole Fruits

Evening Snack 2nd

(5 To 5:30 PM) Both Hostel

Badam Milk | Cheese Chilly Toast



21st April, Tuesday

DINNER- 8:00 PM-9:00 PM

Soup Of The Day

Chef Choice Drink



Soup Accomplishments

Carrot And Orange Salad

Salad Bar

Lacha Vinegar Onion

Salad Dressings - I

Balsamic Vinaigrette

Salad Dressings - II

Turmeric Tahini Dressing

Main Course (Veg)

Paneer Methi Chaman | Hara Pyaz Sabji
(Spring Onion)

Main Course (Non Veg)

Chicken Kaali Mirch

Dal and Rice

Dal Dhaba Fry | Veg Fried Rice

Indian Breads

Phulka | Tawa Paratha

Desserts

Hot Gulab Jamun





22nd April, Wednesday



BREAKFAST- 7:00 AM-8:00 AM

Hot And Cold Milk | Lactose Milk
Milk



Hot Chocolate | Bournvita

Milk Accomplishments

Indori Poha | Jalebi

Main Course (Veg)

Bread Roll Bomber

Main Course (Egg)



Devil Egg



Breads

Whole Wheat Bread | Multigrain Bread

Breads Accomplishments



Butter | Jam | Peanut Butter

Choice of Cereals

Choco Flakes | Corn Flakes 

Pancakes

Steam Vegetables | Pancake



Juices

Fresh Vegetable Juice | Fresh Live Juice

LUNCH- 1:00 PM-2:00 PM



(Punjabi Theme Menu)

Salad Bar



Green Salad | Waldorf Salad | Mint Mayo Onion

Salad Dressings



Tzatziki Dressing | Balsamic Vinaigrette |

Crispy Exotic Veg In Oyster Garlic Sauce

Main Course (Veg)

Kaju Makhna Sabzi | Amritsari Chole





22nd April, Wednesday



LUNCH- 1:00 PM-2:00 PM



Main Course (Non-Veg)

Murgh Makhani

Dal and Rice

Dal Bhukhara | Steamed Rice

Indian Breads



Phulka | Amritsari Kulcha | Naan

Yogurt

Patiala Lassi



SNACKS

Morning Snack

(10:35 AM) B+C Block

Tea | Coffee | Orange Tang | Mini Aloo Puffs

Evening Snacks



(3.00 To 3.30PM) Both Hostel

Pineapple Mint Cooler | Whole Fruits

Evening Snack 2nd

(5 To 5:30 PM) Both Hostel



Cardamom Milk | Peri Peri Wedges



22nd April, Wednesday



DINNER- 8:00 PM-9:00 PM

Soup Of The Day



Chef Choice Drink

Soup Accomplishments

Russian Salad



Salad Bar

Classic American Corn

Salad Dressings - I



Tzatziki Dressing

Salad Dressings - II

Balsamic Vinaigrette

Main Course (Veg)

Green Thai Curry | Paneer Maratha Curry |



Baby Corn Masala

Main Course (Non Veg)

Irish Lamb Stew

Dal and Rice

Black chana dal | Steamed Rice

Indian Breads

Butter Lachha Paratha | Phulka



23rd April, Thursday

BREAKFAST- 7:00 AM-8:00 AM

Hot And Cold Milk | Lactose Milk
Milk



Plain Cocoa | Horlicks

Milk Accomplishments

Moonglet | Sambhar | Chutney

Main Course (Veg)

Masala Omelette Slider

Main Course (Egg)



Soft Boil Egg



Breads

Multigrain Bread | White Bread

Breads Accomplishments

Butter | Jam | Peanut Butter



Choice of Cereals

Musilli With Dry Fruits | Ragi Choco Flakes



Pancakes

Cheese Walnut Toast | Baked Beans



Juices

Fresh Vegetable Juice | Fresh Live Juice

LUNCH- 1:00 PM-2:00 PM

Salad Bar



Italian Chopped Salad | Caesar salad | Carrot salad

Salad Dressings



Honey Lemon Vinaigrette | Garlic Yogurt

Main Course (Veg)

Paneer Roganjosh | Stuffed Tinda Masala

23rd April, Thursday

LUNCH- 1:00 PM-2:00 PM



Main Course (Non-Veg)

Champan Chicken Curry | Veg Lasagna

Dal and Rice

Dal Muradabadi | Steam Rice

Indian Breads

Tandoori Roti | Plain Tawa Roti

Yogurt

Plain Yogurt



SNACKS

Morning Snack

(10:35 AM) B+C Block

Tea | Cofee | Coconut Water | Swiss Roll

Evening Snacks



(3.30 To 4PM) Both the Boarding Houses

Mango Lassi | Whole Fruits

Evening Snack 2nd

(6 To 6:20 PM) Both the Boarding Houses

Hot Milk | Mini Samosa



23rd April, Thursday

DINNER- 8:00 PM-9:00 PM

Soup Of The Day



Chef Choice Drink

Soup Accomplishments

Kachumber Salad



Salad Bar

Quinoa Salad

Salad Dressings - I



Classic Vinaigrette

Salad Dressings - II

Tahini Lemon Dressing

Main Course (Veg)

Jaiselmeri Chana | Long Beans Sabji (Barbati)

| Mac And Cheese Pasta | Veg Chowmein

Main Course (Non Veg)

Batter Crumbed Fish

Dal and Rice

Dal Tadka | Steam Rice

Indian Breads

Tawa Missi | Phulka

Desserts

Fruit Custard

24th April, Friday

BREAKFAST- 7:00 AM-8:00 AM

Hot And Cold Milk | Lactose Milk

Milk

Plain Cocoa | Bournvita

Milk Accomplishments

Masala Poori | Bhaji

Main Course (Veg)

Kanchipuram Idli | Tomato Chutney | Sambhar



Main Course (Egg)

Soft Scrambled Egg



Breads

Whole Wheat Bread | White Bread



Breads Accomplishments

Butter | Jam | Peanut Butter

Choice of Cereals

Muesli With Dry Fruits | Ragi Choco Flakes

Pancakes

Hash Brown



Juices



Fresh Vegetable Juice | Fresh Live Juice

LUNCH- 1:00 PM-2:00 PM



(Punjabi Theme Menu)

Salad Bar

Orange and Olive Salad | Greek Salad |



Tomato Summer Salad



Salad Dressings

Ranch | Herb Oil

Main Course (Veg)

Shahi Badami Kofta | Patta Gobhi Matar | Cheese &
Spinach Gnocchi

24th April, Friday

LUNCH- 1:00 PM-2:00 PM



Main Course (Non-Veg)

Rajasthani Laal Maas

Dal and Rice

Dal Tadka | Steamed Rice

Indian Breads



Phulka | Tandoori Roti

Yogurt

Flavoured Curd



SNACKS

Morning Snack

(10:35 AM) B+C Block

Tea | Cofee | Lemon Margarita | Paneer Cheese

Zingy Parcel



Evening Snacks

(3.00 To 3.30PM) Both Hostel

Tender Coconut Juice | Whole Fruits



Evening Snack 2nd

(5 To 5:30 PM) Both Hostel

Turmeric Milk | Apple Pie

24th April, Friday

DINNER- 8:00 PM-9:00 PM

Soup Of The Day

Chef Choice Drink



Soup Accomplishments

Classic Cucumber

Salad Bar

Watermelon Fetta Salad

Salad Dressings - I

Creamy Italian

Salad Dressings - II

Green Goddess

Main Course (Veg)

Pitorh Sabzi | Veg Tawa Masala

Stuffed Bell Pepper (Conti Dish)

Main Course (Non Veg)

Chicken Roast Kerala Style

Dal and Rice

Black Urad Dal | Masala Rice

Indian Breads

Fluffy Paratha | Phulka



25th April, Saturday

BREAKFAST- 7:00 AM-8:00 AM

Hot And Cold Milk | Lactose Milk
Milk



Plain Cocoa | Bournvita

Milk Accomplishments

Gobhi Pyaz Paratha With Yogurt

Main Course (Veg)

Medu Wada With Chutney | Veg Masala Oats

Main Course (Egg)



Poached Egg



Breads

Whole Wheat Bread | Multigrain Bread

Breads Accomplishments

Butter | Jam | Peanut Butter

Choice of Cereals

Choco Flakes | Corn Flakes

Pancakes

Herbs Grilled Vegetable

Juices



Fresh Vegetable Juice | Fresh Live Juice

LUNCH- 1:00 PM-2:00 PM

(Punjabi Theme Menu)

Salad Bar

Mexican Quinoa Bowl | Waldorf Salad |



Lentil Salad



Salad Dressings

Honey Mustard Dressing | Mint Lime Dressing

Main Course (Veg)

Paneer TakaTak | Aloo Pyaz Podina Dry | Vegetarian
Shepherd's Pie With Cheesy Mash

25th April, Saturday

LUNCH- 1:00 PM-2:00 PM



Main Course (Non-Veg)

Grilled Chicken With BBQ Sauce

Dal and Rice

Dal Panchratan | Steamed Rice

Indian Breads



Phulka | Tandoori Roti

Yogurt

Plain Yogurt



SNACKS

Morning Snack

(10:35 AM) B+C Block

Tea | Cofee | Milky Sharbat | Aloo Bonda

Evening Snacks



(3.00 To 3.30PM) Both Hostel

Lemonade | Whole Fruits

Evening Snack 2nd

(5 To 5:30 PM) Both Hostel



Cardamom Milk | Veg Cheese Mayo Sandwich

25th April, Saturday

DINNER- 8:00 PM-9:00 PM

Soup Of The Day



Chef Choice Drink

Soup Accomplishments

Waldorf Salad



Salad Bar

Balsamic Asago Salad

Salad Dressings - I



Honey Mustard Dressing

Salad Dressings - II

Cilantro Lime Dressing

Main Course (Veg)

 **Ratatouille | Punjabi Nutri Curry**

Main Course (Non Veg)

Chicken Rara

Dal and Rice

Beans Aloo Sabji | Dal Nizami | Steamed Rice

Indian Breads

Palak Roti | Plain Phulka

Desserts

Dry Fruit Phirni



26th April, Sunday



BREAKFAST

Mediterranean Veggie Sandwich Hot | Cold Milk To Be Served in Both Hostel at 7:30 am



LUNCH

Theme Based Sunday Brunch To Be Served At 11Am To 1:00 Pm In Dining Hall

Soup of the Day

(Green Peas Chowder) Virgin Mojito



Salad Bar

Lavish

Salad Dressings



Veg/Non-Veg Coin Pizza | Pasta Live | Dahi Kachori Cups | Paani Poori | Ragda Chaat

Main Course (Veg)

Paneer Tawa Masala | Veg Momo | Veg Biryani

Main Course (Non-Veg)

Mutton Dum Pukht Biryani | Achari Chicken



Tikka (Boneless)

Indian Breads

Pannath | Roti

Yogurt

Greek Yogurt Parfait | Cut Fruits



Snacks

Blueberry Muffin

Desserts

Nutella Crepes





26th April, Sunday



SNACKS

Morning Snack



(3.30 To 4PM) Both the Boarding Houses

Tea | Coffee | Orange Tang | Dahi Kebab

Evening Snack 2nd

(6 To 6:20 PM) Both the Boarding Houses

Apple Iced Tea | Whole Fruits



DINNER- 8:00 PM-9:00 PM

Soup Of The Day



Chef Choice Drink

Soup Accomplishments



Corn Salsa

Salad Bar



Vegetarian Taco Salad

Salad Dressings - I and II

Dizon Mustard | Balsamic Vinaigrette

Main Course (Veg)

Roasted BBQ Mediterranean Vegetables

Stick | Gobhi Adraki

Main Course (Non-Veg)

Fish And Chips

Dal and Rice

Black Chana Dal | Manchurian With Fried Rice

Indian Breads

Phulka | Methi Parantha

27th April, Monday

BREAKFAST- 7:00 AM-8:00 AM

Hot And Cold Milk | Lactose Milk
Milk



Horlicks | Hot Cocoa

Milk Accomplishments

Set Dosa | Veg Kurma | Chutney

Main Course (Veg)

Paneer Pyaz Ka Paratha With Yogurt

Main Course (Egg)



Scrambled Egg



Breads

Multigrain Bread | White Bread

Breads Accomplishments

Butter | Jam | Peanut Butter



Choice of Cereals

Choco flakes | Corn Flakes



Pancakes

Italian Pizza Waffle

Juices



Fresh Vegetable Juice | Fresh Live Juice

LUNCH- 1:00 PM-2:00 PM

(Gujarati Theme Menu)

Salad Bar

Japanese Crunchy Cucumber | Thai Mango Salad



Kohlrabi Slaw



Salad Dressings

Honey Lemon Vinaigrette | Garlic Yogurt

Main Course (Veg)

Mix Kathol | Roasted Sweet Potatoes |

Kathiyawadi Mix Veg

27th April, Monday


LUNCH- 1:00 PM-2:00 PM



Main Course (Non-Veg)

Surati Chicken Tapelu

Dal and Rice

Gujarati Kadhi | Crispy Tofu In Korean BBQ
Sauce | Steamed Rice 

Indian Breads

Phulka | Tandoori Roti | Masala Thepla

Yogurt

Buttermilk



SNACKS

Morning Snack

(10:35 AM) B+C Block

Tea | Coffee | Cranberry Mimosa | Paneer Bread Roll

Evening Snacks 

(3.30 To 4PM) Both the Boarding Houses

Blue Lagoon | Whole Fruits

Evening Snack 2nd

(6 To 6:20 PM) Both the Boarding Houses

Cocoa Milk | Mexican Bruschetta



27th April, Monday

DINNER- 8:00 PM-9:00 PM

Soup Of The Day



Chef Choice Drink

Soup Accomplishments

Wedges Salad



Salad Bar

Tabbouleh

Salad Dressings - I and II



Classic Vinaigrette | Creamy Italian

Main Course (Veg)

**Shiitake Mushroom Risotto | Malai Kofta | Bhindi Do
Pyaza**



Main Course (Non Veg)

Crispy Fried Chicken

Dal and Rice

Masoor Dal tadka

Indian Breads

Ajwain Paratha | Phulka

Desserts

Shahi Tukda

28th April, Tuesday

BREAKFAST- 7:00 AM-8:00 AM

Hot And Cold Milk | Lactose Milk

Milk

Bournvita | Horlicks

Milk Accomplishments

Indori Poha | Bjalebi

Main Course (Veg)

Bread Pakoda

Main Course (Egg)

Soft Boil Egg

Breads

Whole Wheat Bread | Multigrain Bread

Breads Accomplishments

Butter | Jam | Peanut Butter

Choice of Cereals

Muesli With Dry Fruits | Ragi Choco Flakes

Pancakes

Hash Brown

Juices

Fresh Fruit Juice | Fresh Live Juice



LUNCH- 1:00 PM-2:00 PM

Salad Bar

Tomato Caprese Salad | Grilled Beans And Mushroom

Salad | Iceberg Wedges Salad

Salad Dressings

Cilantro Lime Dressing | Tomato Salsa

Main Course (Veg)

Soya Chaap Masala | Arbi Chatpati | Penne Pasta Pesto
Sauce



28th April, Tuesday

LUNCH- 1:00 PM-2:00 PM



Main Course (Non-Veg)

Grilled Fish With Lemon Butter Sauce

Dal and Rice

Dal Double Tadka | Jeera Rice

Indian Breads



Phulka | Butter Paratha

Yogurt

Flavoured Curd



SNACKS

Morning Snack

(10:35 AM) B+C Block

Tea | Coffee | Lime Soda | Veg Pizza Pocket

Evening Snacks



(3 To 3.30PM) Both the Boarding Houses

Watermelon Granita | Whole Fruits

Evening Snack 2nd



(5 To 5:30 PM) Both the Boarding Houses

Cardamom Hot Milk | Croissant Chocolate

28th April, Tuesday

DINNER- 8:00 PM-9:00 PM

Soup Of The Day



Chef Choice Drink

Soup Accomplishments

Winter Farro Salad



Salad Bar

Big Italian Salad

Salad Dressings - I and II



Cilantro Lime Dressing | Turmeric Tahini Dressing

Main Course (Veg)

Bhuna Corn Palak | Singapore Noodles | Crispy

Korean BBQ Tofu

Main Course (Non Veg)



Special Egg Masala

Dal and Rice

Khatta Meetha Kala Chana Gravy | Steam Rice

Indian Breads

Assorted Breads | Phulka | Tawa Paratha

29th April, Wednesday

BREAKFAST- 7:00 AM-8:00 AM

Hot And Cold Milk | Lactose Milk
Milk



Hot Chocolate | Bournvita
Milk Accomplishments

Mumbaiya Vada Pav
Main Course (Veg)

Mix Veg Paratha With Yogurt
Main Course (Egg)



Broccoli Scrambled Egg
Breads



Whole Wheat Bread | Multigrain Bread
Breads Accomplishments



Butter | Jam | Peanut Butter
Choice of Cereals

Choco Flakes | Corn Flakes
Pancakes



Dry Fruit Porridge



Juices

Fresh Fruit Juice | Fresh Live Juice

LUNCH- 1:00 PM-2:00 PM

Salad Bar

Raw Papaya Salad | Spicy Caesar Potato Salad | Tomato
Salad With Jalapeno



Salad Dressings

Tzatziki Dressing | Balsamic Vinaigrette

Main Course (Veg)

Paneer Tikka Masala | Gajar Matar | Dal Makhani

29th April, Wednesday

LUNCH- 1:00 PM-2:00 PM



Main Course (Non-Veg)

Chicken Peshawari

Dal and Rice

Winter Zucchini Pasta | Steamed Rice

Indian Breads



Assorted Breads | Tandoori Roti | Kulcha

Yogurt

Plain Yogurt



SNACKS

Morning Snack

(10:35 AM) B+C Block

Tea | Coffee | Orange Tang | Mini Dal Kachori

Evening Snacks



(3 To 3.30PM) Both the Boarding Houses

Abc Juice | Whole Fruits

Evening Snack 2nd



(5 To 5:30 PM) Both the Boarding Houses

Hot Chocolate Milk | Mango Tart

29th April, Wednesday

DINNER- 8:00 PM-9:00 PM

Soup Of The Day



Chef Choice Drink

Soup Accomplishments

Russian Salad



Salad Bar

Classic American Corn

Salad Dressings - I and II



Tzatziki Dressing | Balsamic Vinaigrette

Main Course (Veg)

Parval Masala | Veg Kebab Curry | Stir Fry Broccoli In

Sweet Chilli Sauce



Main Course (Non Veg)

Drums Of Heaven

Dal and Rice

Dum Ki Dal | Steam Rice

Indian Breads

Phulka | Focaccia Bread

Desserts

Classic French Mousse

30th April, Thursday

BREAKFAST- 7:00 AM-8:00 AM

Hot And Cold Milk | Lactose Milk
Milk



Plain Cocoa | Horlicks
Milk Accomplishments

Chole Bhature

Main Course (Veg)

Tomato Upma With Chutney

Main Course (Egg)



Masala Omelette



Breads

White Bread | Multigrain Bread

Breads Accomplishments

Butter | Jam | Peanut Butter



Choice of Cereals

Muesli With Dry Fruits | Ragi Choco Flakes

Pancakes



Cheese Walnut Toast | Baked Beans



Juices

Fresh Fruit Juice | Fresh Live Juice

LUNCH- 1:00 PM-2:00 PM

Salad Bar

Classic Corn | Beet Burrata Salad | Creamy Coleslaw



Salad Dressings



Honey Lemon Vinaigrette | Cajun Spice

Main Course (Veg)

Mushroom Methi Matar Malai | Achari Bhindi

30th April, Thursday

LUNCH- 1:00 PM-2:00 PM



Main Course (Non-Veg)

Chicken Cafreal Goan Style

Dal and Rice

Rajma Masala | Steamed Rice

Indian Breads



Phulka | Triangle Paratha

Yogurt

Plain Yogurt



SNACKS

Morning Snack

(10:35 AM) B+C Block

Tea | Coffee | Coconut Water | Dhokla

Evening Snacks



(3 To 3.30PM) Both the Boarding Houses

Rose Lassi | Whole Fruits

Evening Snack 2nd



(5 To 5:30 PM) Both the Boarding Houses

Hot Milk | Veg Quiche

30th April, Thursday

DINNER- 8:00 PM-9:00 PM

Soup Of The Day



Chef Choice Drink

Soup Accomplishments

Kachumber Salad



Salad Bar

Quinoa Salad

Salad Dressings - I and II



Classic Vinaigrette | Tahini Lemon Dressing

Main Course (Veg)

Kadhai Paneer | Subz Handi | Spaghetti Al A Rose

Main Course (Non Veg)

Kolkata Fish Curry



Dal and Rice

Dal Tadka | Steam Rice

Indian Breads

Tawa Missi | Tawa Lachha Paratha